

# Danger Zones and Stepping Stones Diagnostic Assessment Tool

1.0 Temporary Living
Arrangement Assessment
for Homelessness Services

#### **Introduction**

This assessment tool has been developed following extensive research into young people's experiences of a wide range of Temporary Living Arrangements. The aim is to support evidence-based decision-making across frontline homelessness services by facilitating better assessments of young people's living arrangements when they present/are referred for support. Temporary Living Arrangements may include informal settings such as staying with friends, family, acquaintances or strangers. They may also include service-provided accommodation options, such as large mixed needs hostels, night by night emergency shelters and supported accommodation. Critically, this tool is not suitable for assessing young people who are experiencing street homelessness.

The tool enables temporary living arrangements to be assessed in relation to the two components of the Danger Zones and Stepping Stones Model:

- > The level of risk that the environment young people are staying in cause them to experience harm (Y axis).
- > The likelihood a young person will receive the support they need to take steps away from homelessness towards suitable accommodation (X axis).

Plotting living arrangements on the matrix will help you to understand them in relation to the following four categories:



**Storm Shelters:** Low risk / Low support



**Stepping Stones:** Low risk / High support



**Danger Zone:** High risk / Low support



High risk / High support

It is important to note that while the use of this tool will provide you with important insight into the realities of each young person's temporary living environment, it is by no means a definitive way of assessing the suitability of accommodation. As our research has found, young people's experiences of the factors we consider are hugely varied. For example, the impact of 'substance abuse' on one young person will be very different to the impact on another. As such, this tool should be used as an initial starting point to inform further questions and discussions to ensure the right decisions are made for each young person.

## **Exploring sensitive topics** in responsible ways

This assessment tool aims to measure risk in what can be very dangerous living environments. As such, it contains questions that are highly sensitive. It is important that before the tool is used, young people are made aware of the sensitivity of some of its content and the purpose of the assessment is explained fully. We suggest the following disclaimer:

**BECAUSE WE CARE ABOUT YOUR** WELLBEING, WE WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT WHERE YOU'RE STAYING SO WE CAN UNDERSTAND HOW SUITABLE IT IS FOR YOU. UNDERSTANDING WHERE YOU ARE LIVING NOW WILL HELP US PROVIDE THE BEST SUPPORT WE CAN AND KEEP YOU SAFE. ARE YOU HAPPY TO CONTINUE WITH THE

ASSESSMENT?

### **Assessing Risk (Y axis)**



# Actual experience of harm or imminent threat of harm – Automatically high risk environments

Q1. Have you experienced any forms of abuse where you are currently staying? (e.g. physical, sexual, emotional)	Yes	No			
<b>Q2.</b> Have you experienced any forms of abuse anywhere else as a result of where you are currently staying?	Yes	No			
If 'Yes': Can you explain the link between the abuse you have experienced and when	e you are stay	/ing?			
The causal link between the incidents of abuse and the young person's stay at their current living arrangement needs to be established to ensure the harm is being driven by the accommodation and not an external factor.					
Q3. Do you feel in any immediate danger as a result of where you are currently staying?	Yes	No			
If 'Yes': Can you explain why you feel in danger and how this is linked to where you a	are staying?				
The causal link between the threat of harm/abuse and the young person's stay at the arrangement needs to be established to ensure the harm is being driven by the accordance external factor.					

If the young person answers 'Yes' to any of the three questions above and you believe that the threat remains present they should be prioritized and placed into alternative accommodation immediately. The assessment should continue to further understanding of the young person's situation.

#### **Point-based assessment**



For the remainder of the questions in the assessment, please consider your experience in your current accommodation so far and answer 'Always', 'Frequently', 'Rarely' or 'Never'.

Note: Some of the questions in this section are positively phrased and some negatively phrased. As such, the direction of the response scale changes. Please ensure you are recording the correct response in each case.

Do you feel like you are isolated from your family and friends as a result of where you are currently staying?	e	Never		Sometimes		Frequently		Always
Do you feel like the people you are staying wi pressure you to do things or act in certain way to stay in the accommodation?		Never		Sometimes		Frequently		Always
Do you feel able to speak openly to the person people you're staying with if you have any problems/concerns about the accommodation		Always		Frequently	:	Sometimes	;	Never
Do you feel pressured to consume drugs or alcohol in the place you're staying?		Never		Sometimes		Frequently		Always
Do you feel at risk of harm where you're stayin because of your own drug/alcohol use?	ng	Never		Sometimes		Frequently		Always
Do you feel at risk of harm where you're stayin because of someone else's drug/alcohol use?	ng	Never		Sometimes		Frequently		Always
Do the physical standards of your accommodation (cleanliness, upkeep) allow y to keep safe and healthy?	ou	Always		Frequently		Sometimes	;	Never
Do you feel you have adequate personal space where you're currently staying, including somewhere to sleep?	е	Always		Frequently		Sometimes	;	Never
Do you feel there are enough security measu where you're currently staying to keep you sa		Always		Frequently		Sometimes	; <u> </u>	Never
Do you feel the place you're staying has sufficient facilities to meet your basic needs (cooking, cleaning etc.)?		Always		Frequently	:	Sometimes	;	Never
Count for each column:		_				_		
Score calculation:	0	•		(Above o		•		nt)
Score total (Y axis):	Sum of o	column so	ores =	i		out	of 30	)

# **Assessing Support (X axis)**

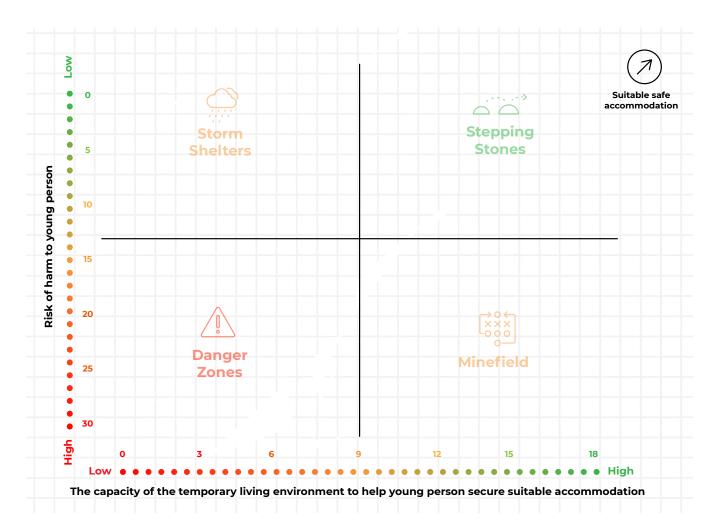


Do the people you're staying with personally help you to find more suitable accommodation?	Never Sometimes Frequently Always
Does where you're staying make it easier to access help from elsewhere?	Never Sometimes Frequently Always
Does where you're staying put you in the right frame of mind to plan ahead?	Never Sometimes Frequently Always
Does where you're staying help you understand more about your housing options?	Never Sometimes Frequently Always
Do you feel that staying where you are is helping you to develop life skills (e.g. cooking, cleaning, managing money)?	Never Sometimes Frequently Always
Where you're currently staying, do you feel like you have the resources you need to look for a more suitable place to live (Wi-Fi, internet, phone access)?	Never Sometimes Frequently Always
Count for each column:	
Score calculation:	0 (Above count) (Above count) (Above count)
Score total (X axis):	Sum of column scores = out of 18

#### **The Danger Zones Assessment Model**



The scores generated above for risk (0-30) and support (0-18) should be used to plot the young person's temporary living arrangement on the Danger Zones and Stepping Stone matrix below.



## Taking the Appropriate Action

The placement of the young person's Temporary Living Arrangement on the Danger Zones and Stepping Stones matrix provides insight into the how suitable it is for them. The following provides a general summary of the appropriate actions that are recommended:



Storm Shelters: If a young person is staying in a Strom Shelter it is safe for them to continue to do so if necessary. However, they should receive increased support and advice regarding their housing options to ensure they can take pro-active steps towards more suitable accommodation.



**Stepping Stones:** If the young person is staying in a Stepping Stone it is appropriate that they continue to do so until they are ready and able to progress. Regular contact should be maintained to ensure that the young person's living circumstances remain conducive to successful move-on.



Danger Zone: If the young person is residing in a Danger Zone they should be immediately placed into alternative accommodation. Further to this, all efforts should be made to address any ongoing threats which may be present and the young person should be provided with appropriate support to deal with any difficulties they may be facing due to their past experiences.



Minefield: If a young person is residing in a minefield they should also be prioritised and placed into alternative accommodation. As above, all efforts should be made to address any ongoing threats which may be present and the young person should be provided appropriate with support to deal with any difficulties they may be facing due to their past experiences.



#### With support from



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