



IMPACT REPORT 2018-19



HELLO
WE ARE DEPAUL



WE WILL CONTINUE TO BELIEVE
IN PILOTING AND DEVELOPING
NEW APPROACHES TO TACKLING
HOMELESSNESS”



For Depaul UK, 2018 was a year
in which we continued to build
on our successes.

We maintained our focus on preventing youth homelessness, increasing the resilience of young people and energising them within their communities.

We know that poor mental health is what the young people in Depaul services struggle with most. Focusing on these areas, we delivered on our promise to provide psychologically informed environments to all of our clients through the continued roll out of our Endeavour programme, which encapsulates our client-centred approach.

The young people we work with continue to get the skills to succeed, and so our *Get Up And Go* programme goes from strength to strength. This year we added a *Get Volunteering* aspect and enhanced education, training and employment support through expert workers across all our regions.

Our *More Than Bednights* report demonstrated the Nightstop network continues to thrive. It found that Nightstop not only provides a bed for the night, but can also improve physical and mental health.

As our impact continues to grow, so does our influence. Our *Danger Zones: Phase Two* report findings were presented at 10 Downing Street, helping to ensure that homelessness was included in the Government’s LGBT Action Plan. Working with other homelessness organisations, we secured improvements to Universal Credit and will continue to work with the Government to make more improvements.

Going forward, we will continue to believe in piloting and developing new approaches to tackling homelessness. The I-Aspire programme will work with 250 care leavers across London, supporting them to achieve and sustain employment, education and training, over a four-year period. Innovatively, the programme will be funded through social investment and allows flexible support to be delivered to some of society’s most vulnerable young people.

We will also strategically invest in bricks and mortar, not only to create a more sustainable future, but to create more safe and affordable homes for young people that are psychologically informed and in line with our values.

**NONE OF THIS WOULD BE
POSSIBLE, WITHOUT THE
CONTINUED SUPPORT OF
PEOPLE WHO GIVE TO US,
AND FOR THAT WE ARE
ETERNALLY GRATEFUL**

While this report celebrates our successes over the last year, we continue to look forward to ensure that next year we have an even greater impact on the lives of people affected by homelessness.

MIKE THIEDKE, CEO, DEPAUL UK

WE EMPOWER YOUNG PEOPLE EXPERIENCING HOMELESSNESS

OUR VISION is of a society in which everyone has a place to call home and a stake in their community

OUR MISSION is to end homelessness and change the lives of those affected by it

NO PERSON SHOULD HAVE TO SLEEP ROUGH OR STAY IN AN UNSAFE PLACE.

Depaul UK works in some of the UK's most disadvantaged communities, working to prevent homelessness and provide support to vulnerable people at every step of their journey.

From emergency accommodation to longer-term housing and outreach services in the community, we provide immediate solutions for people in crisis.

OUR VALUES



WE CELEBRATE THE POTENTIAL IN PEOPLE

Depaul works to empower people affected by homelessness to make decisions, set goals, take risks and learn from their mistakes. We work with the most excluded people and treat all who use our services with respect – acting only after consulting with them. We believe in a culture of volunteering and provide a way for volunteers to express their care and compassion. Our staff and volunteers are vital in achieving our mission. We are equally committed to developing their skills and unlocking the full potential of our service users.



WE PUT OUR WORDS INTO ACTION

What we do matters more than what we say. We put our words into action: our reputation depends on it. However, we also strive to influence others through having a strong public profile. Depaul is committed to finding new ways of tackling the problems faced by homeless people. This innovation and entrepreneurship means listening to service users, volunteers and staff and acting on their ideas. We take risks in working with people affected by homelessness who sometimes have challenging behaviour.



WE TAKE A WIDER ROLE IN CIVIL SOCIETY

We are an authoritative voice on homelessness, working in partnership with government, local authorities, the private sector, churches and other voluntary agencies. Together we achieve the best possible outcome for homeless people. Depaul strives to be open and accountable to our staff, volunteers, service users and funders. We believe in justice for all – through influencing structural change in society and supporting individuals. We take a worldwide perspective and are committed to building global networks to support those affected by homelessness.



WE BELIEVE IN RIGHTS AND RESPONSIBILITIES

Depaul believes that people have fundamental rights as humans and within the law. These rights must be upheld and safeguarded. Rights come with responsibilities and a duty to consider others. Rights and responsibilities extend equally to our organisation, staff, volunteers and those affected by homelessness who use our services. Our supporters and funders have a right to expect a consistently high level of service and integrity. We are committed to delivering it.

OUR SERVICES



3,224 CLIENTS supported across all Depaul services.



2,008 PEOPLE stayed in supported accommodation or received housing support in the community.



1,216 CUSTODY LEAVERS given essential housing advice, helping them to secure stable housing or access help through our prison-based services.



I WOULDN'T BE WHERE I AM WITHOUT MY DEPAUL PROGRESSION COACH"

⇒ DEPAUL CLIENT

SUPPORTED ACCOMMODATION

The largest share of Depaul's work is delivered through the provision of supported accommodation across the North East, Greater Manchester, South Yorkshire, and London and the South East. Our accommodation largely consists of small shared homes where support staff work alongside young people to help them achieve independence and prevent future homelessness.

THE NIGHTSTOP NETWORK

In 2018 Depaul led a network of 31 active Nightstop services from Glasgow to Guernsey. We believe that no young person should sleep in an unsafe place – ever. To prevent that we place young people in the homes of volunteer hosts, while we try to find them long-term, stable accommodation.

PREVENTION SERVICES

The best way to end homelessness is to prevent it from happening in the first place. This is why Depaul focuses much of its work in a number of areas which make up its prevention work. This includes family mediation services, housing advice, counselling and working in schools.

PROGRAMMES AND ACTIVITIES

By working alongside people accessing Depaul services, we support them in setting, achieving and sustaining their education, training and employment goals, and ensuring they have access to a wide array of volunteering opportunities.

We provide a range of group outings, activities and creative sessions, to ensure that young people are able to live healthier lives which support their physical and mental health, as well develop a range of social and practical skills.

PRISON RESETTLEMENT

Depaul UK works with offenders because we recognise that they are among the most marginalised members of society and at an increased risk of homelessness. We know that individuals lacking in suitable accommodation on release are significantly more likely to return to patterns of offending behaviour. In 2018, Depaul worked in three prisons and Youth Offending Institutes in Greater London.



Nightstop UK locations



Depaul projects

A YEAR IN NUMBERS



WHEN I HIT MY LOWEST POINT, I THOUGHT THERE'S NO COMING BACK. I LOOK AT MYSELF NOW AND SEE HOW MUCH I'VE GROWN. IF IT WASN'T FOR DEPAUL, I'D STILL BE ON THE SETTEE"

➔ DEPAUL CLIENT

NIGHTSTOP

In 2018, Depaul led the national emergency accommodation **Nightstop Network** with 31 services from Glasgow to Guernsey. We directly run five of the services: **Depaul Nightstops** in London, the North East & Cumbria, South Yorkshire, Greater Manchester and Oldham. The other services are run by a wide range of organisations and accredited and inspected by Depaul to ensure a high consistency of quality across the Network.

1,224

PEOPLE were given a safe place to stay for the night by the Nightstop Network

9,885

SAFE BED-NIGHTS were provided for people who had nowhere else to go

603

VOLUNTEER HOMES ready to open up their spare rooms to someone in need

In 2018, Depaul's directly run **Nightstop** services:

helped **183** PEOPLE

providing **2,470** SAFE BED-NIGHTS

in **227** VOLUNTEER HOMES

LIFE SKILLS

79%

of our young people who needed help to look after themselves gained practical skills to live **INDEPENDENTLY**

82%

of those with education, training and employment needs took steps towards becoming ready for **EMPLOYMENT**

52%

of young people leaving a Depaul service were better able to **COOK FOR THEMSELVES**

REBUILDING RELATIONSHIPS

324 YOUNG PEOPLE received family mediation support

83% saw positive change in existing **RELATIONSHIPS**

HEALTH AND WELLBEING

75% of our young people with health and wellbeing issues experienced **POSITIVE CHANGE**

72% of clients with **SUBSTANCE MISUSE ISSUES** experienced positive change

84% with a known **MENTAL HEALTH NEED** engaged with support for it and/or saw improvements



MEET DORIAN*



IT'S A CHALLENGING THING TO GO THROUGH. HOW DID I GET HERE?"

Dorian's life was troubled from an early age. He was excluded from several schools and a pupil referral unit until he finally settled at high school, where he started a relationship. He and his partner moved in together and had two children. Sadly, a domestic row led to the police being called, and Dorian was charged with assaulting a police officer and was subsequently given probation and found himself homeless. His life had hit rock bottom when he was referred to Depaul UK. In his own words, this is what happened next...



If you're here, it's not that you're making bad decisions, it's that you don't know how to make consecutive good decisions. But it makes sense to me, it'll get you back on your feet in no time.

For me, I think it's been a proper personality test. It woke me up to who I am. When I was younger, I had my personality and I was aware of it. But it got to a point where everyone wants to just fit in. So I got used to following the crowd.

Being here has shown me that you can't just follow the crowd.

Since I've been homeless, though, I've been a bit ashamed. Homelessness isn't a bad thing, but for me as a character, it's a challenging thing to go through, makes me disappointed in myself; how did I get here?

Depaul got us a gym membership, a grant for clothes. I got taken to boxing lessons.

Since being in the gym, I've had loads to think about, in a positive way. It routines my thoughts. If I'm on the treadmill, I do

five-and-a-half or six kilometres, and it's getting into that spirit, teaching myself that mindset.

Depaul supported me in getting an apprenticeship. There was an open day, my Progression Coach arranged for me to go down there. I've got an interview for it.

They've helped me with budgeting. They've shown me what matters. Now, I'm more or less ready to move into my own place.

I'll need money to fill a house, keep it running, and the rent that it's gonna cost me. I've got no savings. I've got child maintenance. At this point, I know what I can earn, what I'd need to pay. I'm my own accountant now, just with no money.

I want to join the Army. If I get the probation done, get the 40 hours done, I can send an application. I always wanted to join the Army, the Parachute Regiment. My dad was in the Parachute Regiment. I want to go further, like special forces.

I've got loads of living to do.

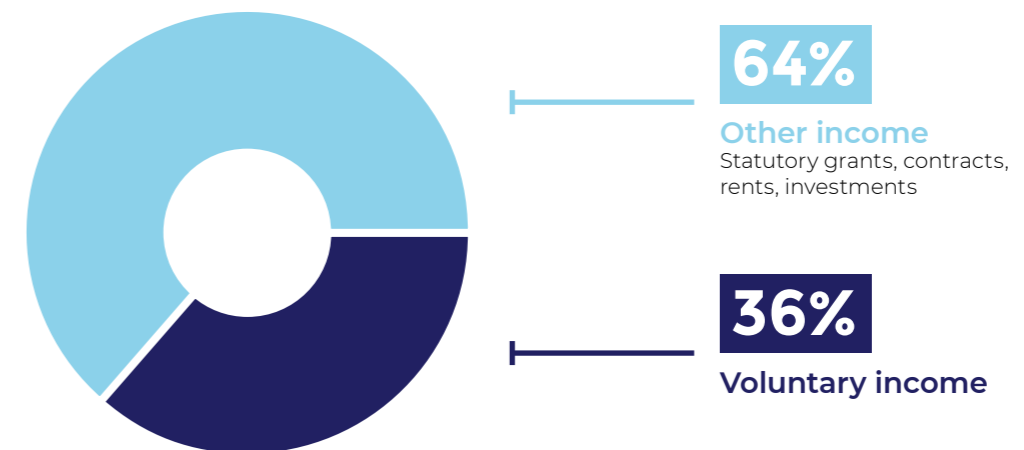


OUR FINANCES

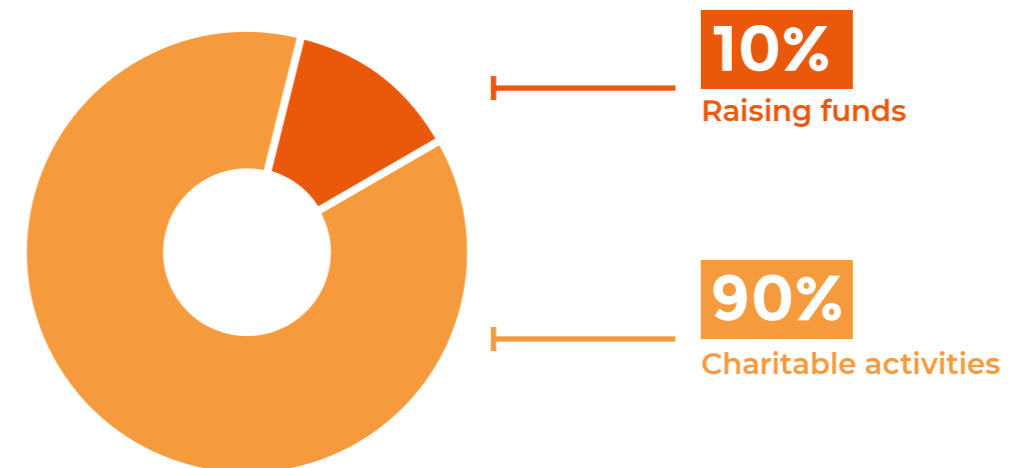
DEPAUL HAS BEEN INVESTING LONG TERM TO CREATE SUSTAINABLE SUPPORT FOR PEOPLE FACING HOMELESSNESS

SOUND STEWARDSHIP OF RESOURCES ENABLES DEPAUL TO FOCUS ON HOMELESSNESS PREVENTION SERVICES FOR YOUNG PEOPLE

2018 INCOME



2018 EXPENDITURE



Charitable activities expenditure comprises direct and support costs, including direct and other staff, such as those working in I.T., finance and HR. This work makes the delivery of our services and projects possible.

THANK YOU TO OUR SUPPORTERS

AT DEPAUL UK, THE HEARTFELT SUPPORT OF VOLUNTEERS, SUPPORTERS AND FRIENDS IS WHAT MAKES OUR WORK POSSIBLE.

From the churches, communities and schools who have donated towards our work, to those of you who have run marathons and climbed mountains to support us, we would like to say thank you for everything you've done!

Your collective effort has been an opportunity for thousands of young people to turn their lives around. It has helped them find a home

when it felt like there was nowhere to go, and given them the chance to achieve their aspirations.

It is because of you that we can keep our doors open. Thank you for sharing our vision and helping us to create a society in which everyone has a place to call home.



Deloitte.

LETTERONE

GOVERNANCE

TRUSTEES

Suzanne McCarthy, Chair

Helen O'Shea, Vice-Chair

Michael Wells FCA, Treasurer

Will Arnold-Baker

Rt. Rev. Mark Bryant

Monique Green (appointed 22 January 2018)

Anthony Harris (appointed 22 January 2018)

Ben Jackson (appointed 22 January 2018)

Michael Jones

Katy Porter

Peter Reynolds (resigned 3 December 2018)

Fr. Paul Roche

Sr. Mary Timmons DC

Edward Tait (appointed 1 January 2018)

COMPANY SECRETARY

Judith Rowland-Hill

CHIEF EXECUTIVE OFFICER

Mike Thiedke (appointed May 2018)

EXECUTIVE TEAM

Alexia Murphy
Executive Director of Operations

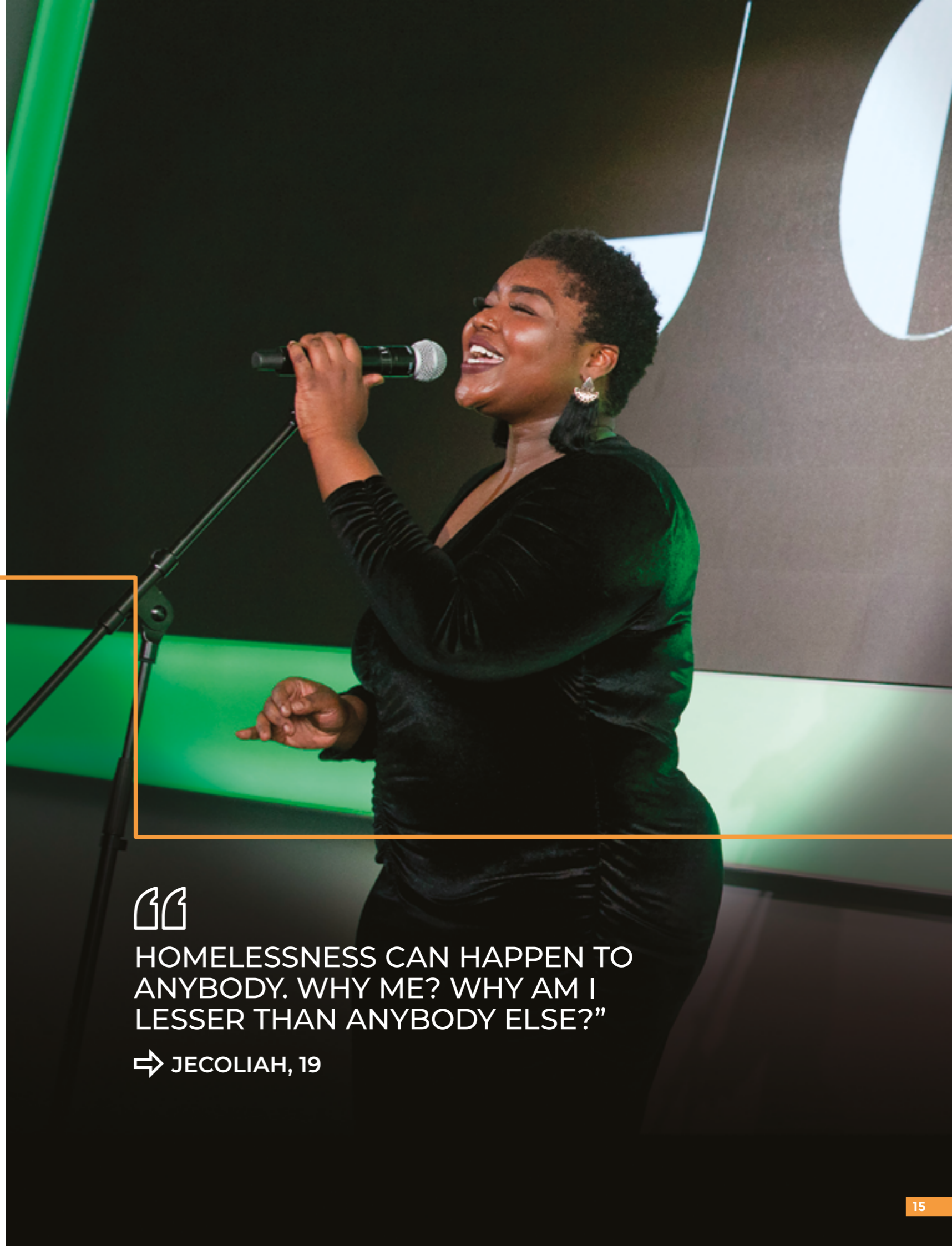
Joseph Howes
Executive Director of Fundraising
(resigned October 2018)

Sam Karuhanga
Executive Director of Finance and IT
(resigned December 2018)

Kate Summers
Executive Director of People and Organisational Development
(appointed January 2018)

Paul McKenzie
Executive Director of Fundraising and Communications
(appointed January 2019)

Judith Rowland-Hill
Executive Director of Finance, IT and Organisational Performance
(appointed March 2019)



HOMELESSNESS CAN HAPPEN TO ANYBODY. WHY ME? WHY AM I LESSER THAN ANYBODY ELSE?"


⇒ JECOLIAH, 19



GET IN TOUCH

We are always happy to hear from people interested in our work. Whether you would like to get help, support our work, volunteer or find out more about how we do what we do, make sure to get in touch.

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